



RACGP

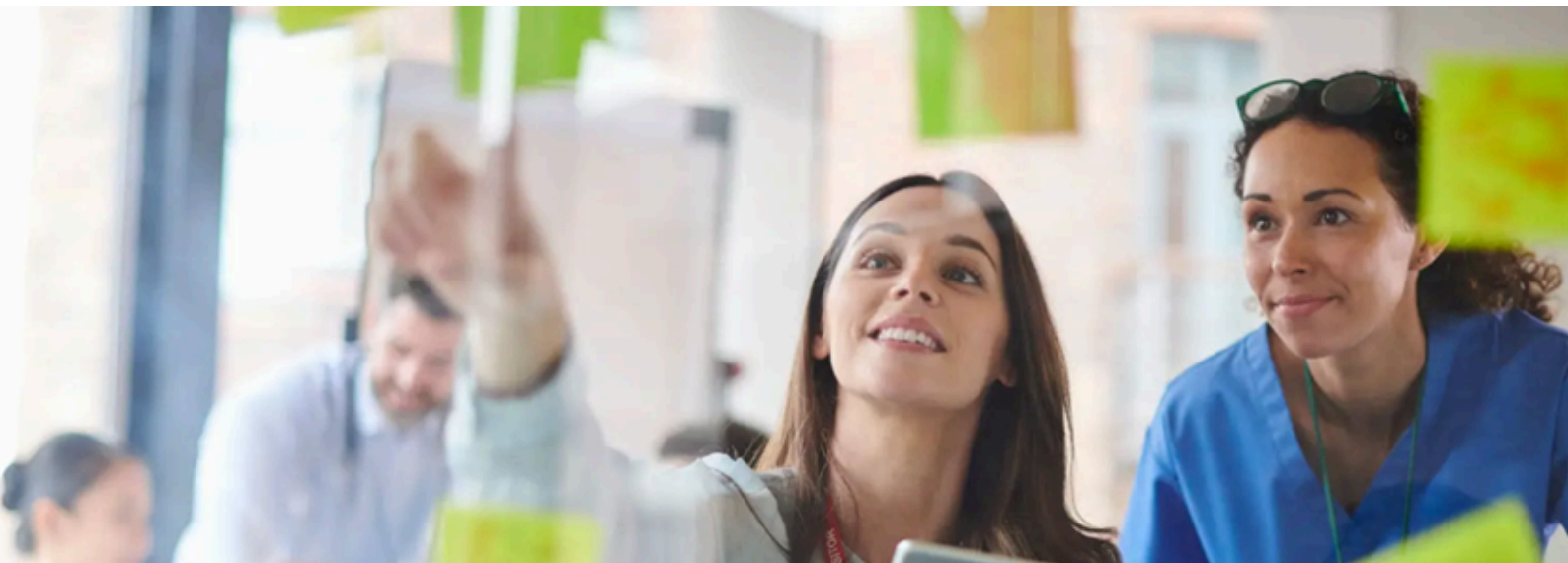


THE UNIVERSITY OF
MELBOURNE



MONASH
University

June 2024



Welcome to the latest updates from the TROPHI collaboration.

TROPHI is about how we can work together to bring research to life and make a difference to the health and wellbeing of our community. TROPHI is focussed on understanding and addressing the needs within our community and providing opportunities for connection, growth and translating evidence into practice.

You can find out more about TROPHI [here](#)

In this newsletter:

- Inviting you to the TROPHI Translation Forum- bringing research to life together
- Invitation to apply for bursaries and the next TROPHI mentoring program
- Learn about the TROPHI mentoring program and Research Translation Fellows
- Have your say in the latest research
- Learn about how you can partner with TROPHI on future research
- Access resources for your practice

Translation forum – save the date!

Let's bring research to life together

Do you want to lead the way in bringing research to life in your practice? Then save the date for the TROPHI Translation forum- to be held on **Wednesday 24th July at 6:00 pm.**



At this forum you will build your skills and knowledge for translating the latest research into your practice.

We look forward to seeing you there to build connections across researchers, clinicians, decision makers and community organizations to drive a community of practice committed to bringing research to life!

[Register your interest](#)

Funding for short courses and research – apply now!

TROPHI education bursaries (\$1000) Bursaries to support Primary Health Care team members to access education aligned with TROPHI regional needs, or aimed at building capacity for involvement in research, translation or education.

TROPHI research development bursaries (\$5000) Bursaries for junior GP registrars and trainees from other primary care disciplines to support training or research involvement. This funding could cover the costs of professional development aimed at building capacity for involvement in research, translation or education, or it could go towards the costs associated with an appropriately supervised research activity.



[Click for more details and to apply](#)

Spotlight on mentoring partnerships



Our TROPHI mentees are off to a terrific start increasing their knowledge, skills and confidence in health research literacy with a vision to improve patient health outcomes through research translation.

Dr Morgan Raynor (GP) is a current TROPHI mentee. [Click here](#) to watch his video which gives you a snapshot of his mentor experience and the work he is doing to explore how we can better connect primary and tertiary care through co-consulting.

TROPHI mentoring program – apply now!

The TROPHI mentoring program is opening its second intake. This is for GPs, general practice staff, or primary health professionals to be mentored by an academic clinician. Providing an opportunity to increase knowledge and confidence in the areas of research translation skills, education, or academic practice career planning by being connected with an experienced mentor. Mentorship partnerships can be made to fit individual needs.

The TROPHI mentoring program is open now.
For more information and to apply [click here](#)

TROPHI research translation fellowships

The TROPHI Research Translation Fellowships program is underway. Tracey Higgins is one of the Translation Fellows. To hear about her research project looking at increasing mental health and fitness in school children [click here](#)



Health services research training for primary care clinicians and academics

Funded by the Primary Care Grant, MRFF, this initiative aims to empower primary care professionals to lead or engage in Health Services Research.

What is Health Services Research (HSR)?

HSR identifies the best ways to organize, manage, finance, and deliver high-quality care, focusing on patient safety and healthcare delivery.

Why your input matters

Your feedback is crucial! It helps us tailor HSR training programs to your needs, whether you're passionate about HSR or just curious.

Take the survey

Help shape the future of primary care research by completing our quick 5-minute survey. Share your interests, preferred learning formats, and any barriers you face in HSR.

[Complete the survey.](#)

Thank you for your support!

Prof Lena Sanci, Prof Harriet Hiscock, Prof Kim Dalziel

TROPHI consumer advisory participants

TROPHI is excited to be welcoming consumers to our stakeholder advisory group. This important voice will help co-design and shape the development and outcomes of research. As users of the health care systems, consumers perspectives are vital to the success of putting research into practice.



Join the mental health champions: Eastern Melbourne PHN expert task force

[Eastern Melbourne Primary Health Network](#) (EMPHN) are launching a program to help GPs support mental health consumers, and we need your expertise!

- Duration: 12 months (with possible extension)
- Roles Needed: Two lived experience consumers, one peer support worker
- Compensation: \$155 per hour
- Commitment: One workshop (~5-6 hours) per month from June to November 2024, plus minimal preparation

Interested? Contact Anne-Marie Martin at annemarie.martin@emphn.org.au

Help us make a difference in mental health care!

Partnering with TROPHI

TROPHI welcomes partnerships with researchers and others within universities, hospital health services and other academic organizations who share our aims and are committed to working together to improve primary health care and patient outcomes. We want to encourage research and translation to be undertaken within the TROPHI region that is relevant to general practice and aligned with the region's needs.

[Learn more about partnership requests](#)

Helpful resources for your practice

The University of Melbourne, General Practice and Primary Care offers the [PC4 Research Round-up Podcast](#)

Listen to learn about recent papers and work to do with Primary Care Collaborative Cancer Clinical Trials (PC4)



TROPHI contact

If you have any questions, or wish to unsubscribe, please reach out to us at trophil@racgp.org.au.