



September 2024

Welcome to the latest updates from the TROPHI collaboration.

TROPHI is about how we can work together to bring research to life and make a difference to the health and wellbeing of our community. TROPHI is focused on understanding and addressing the needs within our community and providing opportunities for connection, growth and translating evidence into practice.

You can find out more about TROPHI [here](#).

In this newsletter:

- Building a community of practice at the TROPHI Translation Forum
- Invitation to apply for funding
- TROPHI seed funding recipients explore new models of care
- Learn about how you can partner with TROPHI on future research
- Access resources to demystifying the latest research

Building a community of practice at the TROPHI Translation Forum

TROPHI were pleased to host our inaugural TROPHI Translation Forum in Ringwood in July. The evening provided an opportunity to connect with GPs and other primary health care professionals, academics and local stakeholders- all with a vested interest in making a difference in our practices and communities by bringing evidence to life. At the forum we heard about the research being done by our TROPHI Research Translation Fellows and team, and critically reflecting on how we might use this research.



Prof Grant Russell and Prof Lena Sanci facilitated discussions around first steps towards research and education in primary care / identifying barriers that need to be overcome, and how to identify key resources to help begin a research career.

A big congratulations to all of our TROPHI funding recipients who were presented with their certificates on the evening.

If you missed out, keep your eyes open for the next Translation Forum in 2025. As one of our attendees shared in the evaluation...

“...there are opportunities big and small to get involved in research ... wonderful local projects that reflect innovation, partnership, passion and furthering the evidence base ... start somewhere in your research journey and there is a network of mentors to support you”



Dr Jag Singh Dhaliwal
Research Translation Fellow Recipient
Action Learning Study: The What, the When and the
How of AI-Assisted Patient-GP
Consultations and Nurse-GP

Current TROPHI funding opportunities

TROPHI funding opportunities available now! Note- You don't need to be a researcher to apply. Eligibility for each grant is outlined below. We encourage, GPs, Practice Managers, GP registrars, other primary health care professionals and medical students to consider applying.

Masters / PhD student bursaries (\$10,000)

The MSc and PhD Bursary is worth \$10,000 for students interested in expanding their formal research qualifications through the department of General Practice at either Monash University and University of Melbourne. Research must be aligned with the needs of the TROPHI [region](#) and be conducted in collaboration with one of TROPHI's partner organisations.



Education bursaries (\$1,000)

\$1000 bursaries to support access to education aligned with TROPHI regional needs, or aimed at building capacity for involvement in research, translation or education– aimed at primary care/general practice professionals, including GP registrars and medical students.

Research development bursaries (\$5,000)

For GP registrars and trainees from other primary care disciplines. The bursary can be used for professional development in the areas of research, translation or education, or put towards the costs associated with a research activity.

Seed funding for practice-based research (\$10,000)

Professionals working in primary health care and general practice can apply for seed funding to support you to address your own research questions using practice-based research. If you have a burning research question aligned with a need in our [region](#) consider applying now.

TROPHI mentoring program opens second intake

This program is for GPs, general practice staff, and primary health workers in the regions of Knox, Maroondah, and Yarra Ranges. You will build connections with experienced mentor and grow research translation skills.

You can visit trophi.org.au/connect/ for the latest information on all opportunities.

Other funding opportunities



RACGP Foundation 2025 PhD Top-up Scholarships

The RACGP Foundation is pleased to offer two PhD top-up scholarships to support outstanding GPs and GPs in training to undertake PhD research in 2025.

Benefits include: A \$25,000 per annum stipend plus a \$5,000 annual professional development bursary is available for up to 3.5 years for full-time PhD candidates, or pro-rata for up to 7 years for part-time candidates.

[Find out more](#)

TROPHI seed funding recipients explore new models of care

TROPHI seed funding for practice-based research is aimed at professionals working in primary health care and general practice. The aim is to provide funding and support for you to address your own research questions using practice-based research, with a focus on bringing research knowledge into practice.

Congratulations to the inaugural recipients of TROPHI seed funding for practice-based research: Dr Simone McCallum, Dr John Wong, Dr Anita Morris and Dr Shabarish Kamalanathan from Eastern Health (General Practitioners, Eastern Health Psychiatry Department, Murnong Clinic). This team have secured \$10,000 to support their project that seeks to evaluate a model for collaboration between GPs and Psychiatrists which may improve patient care and result in wider benefits.

Dr Simone McCallum, Dr Anita Morris
with Dr Riki Lane and Dr Cath Kaylor Hughes,
TROPHI Research Fellows



Congratulations to RACGP Foundation grant recipients in our TROPHI region

[The RACGP Foundation has awarded its 2024 round of grants](#) – and we would like to congratulate three recipients from the TROPHI region:

Dr Rochelle Sleaby from University of Melbourne was awarded the RACGP **Foundation/Diabetes Australia Research Grant** for the project titled ‘Preparing Primary Care for Precision Diabetes’

Assoc Prof Jennifer Neil from University of Melbourne was awarded the **Family Medical Care Education and Research (FMCER) Grant** for the project titled ‘What are the experiences of general practitioners who are family violence survivors when managing family violence survivor patients?’

Dr Sonia Srinivasan from Monash University was awarded the **TGL/RACGP Foundation Research Grant** for the project titled ‘Implementation of medical abortion into general practice: using guidelines to improve evidence-based care’

Partnering with TROPHI



TROPHI welcomes partnerships with researchers and others within universities, hospital health services and other academic organizations who share our aims and are committed to working together to improve primary health care and patient outcomes. We want to encourage research and translation to be undertaken within the TROPHI region that is relevant to general practice and aligned with the region’s needs.

[Learn more about partnership requests](#)

Helpful resources for your practice

Melbourne University department of general practice podcasts and webinars include Listen as GPs talk about dementia, Doctors in Secondary Schools Breakfast Club, and Maze Phase is a podcast for Primary health care professionals working with teens navigating life [The University of Melbourne, General Practice and Primary Care offers the PC4 Research Round-up Podcast](#)



Join world-first RCT study on Conn Syndrome

A GP-led team is testing whether a tweak to clinical software makes it easier to diagnose Primary Aldosteronism (or Conn's Syndrome). Conn Syndrome causes one in every seven cases of hypertension – once found, it makes hypertension far easier to treat.

If your practice uses Best Practice software and is located in east / south east Melbourne, Adelaide, or Hobart this study team would like to hear from you.



Clinics that take part will receive:

- CPD points for GPs
- \$1500 clinic compensation
- GBR software upgrade to assist with pathology ordering in intervention practices.

CONSEP

Dr Sajal Saha, Research fellow at Monash Department of General Practice would be happy to discuss and/or visit your practice

TROPHI contact

If you have any questions, or wish to unsubscribe, please reach out to us at trophil@racgp.org.au