



December 2024

Welcome to the final newsletter from the TROPHI collaboration for 2024 as we approach the holiday season. TROPHI is about how we can work together to bring research to life and make a difference to the health and wellbeing of our community. TROPHI is focused on understanding and addressing the needs within our community and providing opportunities for connection, growth and translating evidence into practice.

You can find out more about TROPHI at troph.org.au.

In this newsletter:

- Recognising TROPHI funding recipients and latest research
- Current funding opportunities open for applications
- Access resources to integrate latest evidence into practice
- Opportunities to participate in regional research
- Learn how you can partner with TROPHI on future research

We would like to take this opportunity to thank all of you for your ongoing commitment to your patients and your community, and for the value you place on research and translating that research into the real world to make a difference. We hope you find useful opportunities and information in this newsletter to help you on this mission and welcome your feedback on content you would like to see next year.

TROPHI funding supports important PhD research in the region

Congratulations to Ms Susan Saldhana who received our inaugural TROPHI PhD bursary. Ms Saldhana, an enrolled PhD candidate within the Department of General Practice, Monash University.

- Ms Saldhana's PhD project is titled Improving Identification and response to Reproductive coercion in General Practice (INSPIRE).
- This project addresses a critical area of public health and aims to improve clinical responses to reproductive coercion.
- The bursary will be instrumental in supporting the next phase of her work, including data collection and engagement with general practices in the TROPHI region and provide guidelines to GP's on this most important topic.

"...often GPs are unaware of this coercion occurring...results from this study will provide guidelines to GPs on this previously unaddressed topic in their community"



PhD Bursary recipient Ms Saldhana
with Dr Riki Lane, TROPHI Research Fellow

There are now fourteen recipients of TROPHI capacity building funding, including mentees, research translation fellows, recipients of practice-based seed funding and bursary recipients.

More details of the recipients can be found [here](#) and the TROPHI [opportunities still available](#) here.

Research Fellow opportunities opening soon

TROPHI has funding to support two Research Fellow (RTF) positions in 2025. RTFs will be funded to work one day a week for 12 months on a research project on a regional need. Find out more about each project below. Applications will open early in 2025. For more information at this stage, reach out to the appropriate contact person below.

CREATE – Collaborative Registrar Education and Training Enhancement



The CREATE Project is an RACGP-funded study aiming to improve hospital-based training for future GPs during two critical periods: the in-hospital experience and the transition to the first GP term. This role is ideal for a current or recent GP registrar or clinician early in their primary care journey, who is passionate about education and improving GP training for future registrars.

Contact [Elsa Ibanez Prada](#)

Link Me



Link Me is a mental health implementation project with The University of Melbourne in collaboration with Eastern Melbourne PHN. This RTF will contribute to the successful translation and implementation of a new mental health model of care into general practice. The role provides opportunities to learn essential research skills including authorship on peer reviewed publications.

Contact [Elizabeth Kennedy](#)



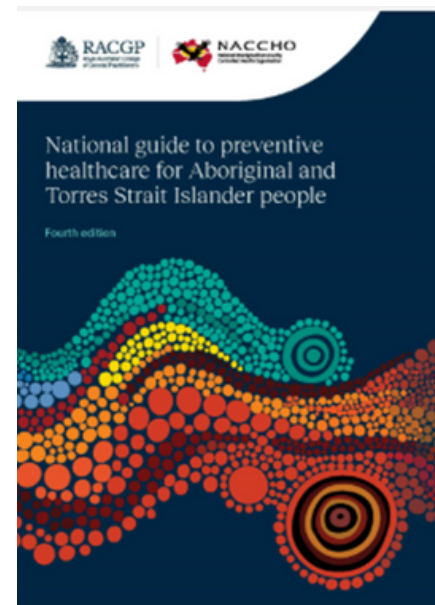
Dr Cath Kaylor Hughes, TROPHI Research Fellow and Tracey Higgins, a current research translation fellow

Helpful resources for your practice

The fourth NACCHO-RACGP [National guide to preventive healthcare for Aboriginal and Torres Strait Islander people](#) has just been launched.

The guide provides critical evidence-based recommendations and advice to help GPs and other health professionals provide clinically and culturally safe care.

There are a number of new topics in this edition including: the health impacts of climate change, vaping and racism, drawing on latest research and distilling this for use in practice.



Supporting local research projects

CREATE – Collaborative Registrar Education and Training Enhancement

CREATE is a TROPHI initiative and a RACGP supported study exploring ways to improve hospital-based training for future GPs. It aims to optimise general practice training at two critical times: in-hospital experience and the transition to the first GP term.

If you are a junior hospital doctor aiming to work as a GP, current GP registrar, GP supervisor, GP educator, or a Practice Manager—please consider taking part in a 1-to-1 interview. Interview timings are flexible around your schedule.



Participants must be working in Eastern Melbourne, those working in private practice will receive \$125 reimbursement.

If you would like to help improve the training of future GPs, please submit an [expression of interest](#), or [email Elsa Ibanez Prada](#).



Improving Identification and Response to Reproductive Coercion in General Practice

We are excited to share the INSPIRE Project, a cross-sectional survey study led by Susan Saldanha. This project is funded by TROPHI and aims to better understand and address reproductive coercion within general practice settings.

We aim to inform sensitive screening practices and evidence-based interventions that support patient care. We are currently seeking general practice clinics in the TROPHI region, particularly in Knox, Maroondah, and Yarra Ranges to participate in this research.

Participating clinics will receive support and resources, as well as \$500 reimbursement for their involvement.

For more information or to get involved, complete the consent form via the [following link](#).



Partners in Parenting

We are inviting parents with autistic children to participate in a study to evaluate the effects of a new coach-supported, online parenting program, Partners in Parenting (PiP) Kids-Autism.

What is PiP Kids-Autism?

PiP Kids-Autism aims to support autistic children's mental health, by empowering parents to reduce or prevent their autistic child's depression and anxiety.

What is involved?

Parents will take part in a free personalised online parenting program with 1:1 parenting coach support via teleconference with a provisional psychologist.

How do parents get involved?

Parents of an autistic child aged 8 to 11 can scan the QR code find out more.



Expressions of Interest: Implementing a Mental Health Model in Primary Care

Are you interested in providing evidence-based and personalised mental health for your patients?

Be on the cutting edge of an improved model of mental health care funded and supported by the Eastern Melbourne Primary Health Network (EMPHN) and the University of Melbourne.

We are seeking practices within the EMPHN catchment to take part in a pilot roll out of a model that uses integrated and personalised approach to support GPs and patients navigating the mental health system.

[Select this link](#) or scan the QR code to find out more and express your interest.

If you have any questions, please contact us at link-me@unimelb.edu.au.



Partnering with TROPHI

TROPHI welcomes partnerships with researchers and others within universities, hospital health services and other academic organizations who share our aims and are committed to working together to improve primary health care and patient outcomes. We want to encourage research and translation to be undertaken within the TROPHI region that is relevant to general practice and aligned with the region's needs.

Learn more about partnership request

TROPHI contact

If you have any questions, or wish to unsubscribe, please reach out to us at

trophil@racgp.org.au