







Welcome to the first issue of 2025.

We would like to take this opportunity to thank all of you for your ongoing commitment to your patients and your community. We also appreciate the value you place on research and translating that research into the real world in order to make a difference. We hope you find useful opportunities and information in this newsletter to help you on this mission and welcome your feedback on content.

Discover more

Access funding to support your education and development- apply now!



Do you want to develop your skills in research and translation? Are you seeking funding to support professional development?

Applications for funding are now open in the following areas:

Education bursaries

You can now apply to receive a bursary of \$1000.

This funding can be used to support your engagement in education. Education must align

with TROPHI regional needs (eg. mental health) or be related to developing skills in; research, translation, education or quality improvement.

Primary care and general practice professionals including, GP registrars or medical students, working a patient facing practice in the TROPHI region are all eligible to apply.

Research development bursaries

Bursaries of \$5000 are also available to support your education and/ or research costs.

This funding can be used for professional development to help you extend your skills in research and translation as well as support you with costs associated with an appropriately supervised research activity. Eligible applicants should be early career researchers* who are GPs, including current and former GP registrars or other primary care/general practice professionals working in a patient facing practice within the TROPHI region.

*NOTE: An early career researcher is someone who has demonstrated commitment to developing their own research capacity. They may who not yet have undertaken a research higher degree; OR are currently enrolled in research higher degree; OR are within five years of completing a research higher degree at the date of application.

Find out more

Australian General Practice Research Foundation grants

Make an impact today.

The philanthropic arm of the RACGP, is now inviting expressions of interest for the 2025 research grants round.

If your research has the potential to improve GP care and strengthen Australian healthcare, don't miss this opportunity. For more information on how to apply <u>click here</u>.

TROPHI mentoring program opens third intake

This program is for GPs, general practice staff, and primary health workers in the regions of Knox, Maroondah, and Yarra Ranges. You will build connections with experienced mentors and grow your research translation skills.

Visit <u>here</u> for the latest information on all opportunities.



Get involved in applied research

A TROPHI Research Translation Fellowship is open for applications. Work in a mental health implementation project with The University of Melbourne in collaboration with Eastern Melbourne PHN.



Research Translation Fellows work one day per week over a 12-month period on a research translation project, which meets a regional need. You will contribute to the successful translation and implementation of a new mental health model of care into general practice. This role provides opportunities to learn essential research skills including authorship on peer reviewed publications.

Research Translation Fellowships are open to GPs, general practice staff, or primary health workers. Expressions of interest close on 31 March 2025.

If you would like to discuss the role further, please email TROPHI manager Dr <u>Elizabeth</u> <u>Kennedy</u>

Other funding opportunities

Foundation grants

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The philanthropic arm of the RACGP, is now inviting expressions of interest.

If your research has the potential to improve GP care and strengthen Australian healthcare, don't miss this opportunity. Submit <u>and submit your idea today to</u>: The Australian General Practice Research Foundation.

Academic Posts

The <u>Academic Post Program</u> is a 12-month, 0.5 full-time equivalent (FTE) training term offered to Australian General Practice Training (AGPT) registrars.

This program comprises of 0.5 FTE at an academic institution and includes both research and teaching activities. This program is usually concurrent with registrars' in clinical training. It is available annually to registrars who have completed GPT1 and have at least three months FTE training remaining at the start of the post.



The program is designed to provide registrars with the opportunity to build skills in the areas of research and critical thinking. You will have exposure to a research and academic environment where you will be encouraged to incorporate your academic work into a long-term career. Applications for the 2026 cohort open on 5 May.

Read more

TROPHI part of an all new consortium

The consortium has been granted \$5.2 million in federal funding to lead the establishment of a National Multidisciplinary Primary Care Research, Policy and Advocacy Consortium and will be funded for five years. It is one of the largest research collaborations dedicated to improving primary care in Australia and will conduct research into how multidisciplinary teambased primary care models work at local and regional levels to improve health outcomes, particularly among priority populations.

Two of the six key research centers for this consortium are within the TROPHI region.

• The NHMRC Centre of Research Excellence in Women's Sexual and Reproductive Health in Primary Care (Monash University)

• Melbourne University Department of General Practice and Primary Care.

This project will provide exceptional opportunities for building local research capacity and informing national advocacy and policy with relevant general practice research.

Congratulations to all involved and we look forward to hearing about the important work happening. We will share further updates as this project progress.

Read more

Helpful resources for your practice

Respiratory vaccination in adults

Updates and strategies to boost uptake.

Monday, 31st March 2025 | 7.30-8.30pm AEDT

Attend a webinar to see how this TROPHI-funded project produced outcomes that can help practitoners and patients.

For more information, please contact education@thelimbic.com.

Register now

Your patients' healthy habits **start here**





Practice Owners Conference

The Practice Owners Conference is coming to Melbourne on May 24-25.

This year's theme is 'shaping general practice for the future' and the program will explore topics including multidisciplinary teams, technology and innovation, clinical governance, financial management and environmental standards. Come along to hear about Research opportunities for practice owners – how to be involved and the value of research to practice.

Welcome TROPHI's consumer representative panel

TROPHI has appointed three consumer representatives from the TROPHI regions to join the Stakeholder Advisory group.

They will provide input into project governance and TROPHI projects. Consumer voices in health research environments are dynamic stakeholders who provide key inputs into health care systems through design, development, and putting implementation into practice.







Heidi Lee

Jean de Waard

John Asgari

TROPHI practice-based pilot

See the attached flyer for an opportunity to help improve GP access to Victorian Virtual Specialists Clinics.

Partnering with TROPHI

TROPHI welcomes partnerships with researchers and other stakeholder within universities, hospital health services and other academic organisations who share our aims. Weare committed to working together and improving primary health care and patient outcomes. We want to encourage research and translation to be undertaken within the TROPHI region that is relevant to general practice and aligned with the region's needs.



Learn more about partnering

Contact us

If you have any questions, please contact trophi@racgp.org.au



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